



ECOLOGICAL WORKSHOP SCENARIO

"WINTER BUFFET FOR BIRDS"

Scenario developed by the Stowarzyszenie Kobiet Wsi Mszanka as part of the project "Sustainable Development – healthy cuisine – healthy society" 2023-2-PL01-KA210-ADU-000184622.

Date: 20.01.2025

Location: Community Center in Mszanka

Workshop Goals

Main Goal:

To raise participants' ecological awareness by learning the principles of feeding birds in winter and creating ecological bird feeders and fat balls from natural ingredients.

Specific Objectives:

- To introduce participants to the concept of sustainable development in the context of biodiversity protection.
- To provide knowledge about bird species that stay in Poland during winter.
- To teach proper and responsible bird feeding practices.
- To foster pro-ecological attitudes and responsibility for the local environment.
- To integrate the local community through joint practical activities.

Workshop Program:

- Brief overview of the project "*Sustainable Development – healthy cuisine – healthy society*"
- Guided discussion: Why are birds important for the ecosystem? Which birds do we see in winter?
- Presentation of wintering birds in Poland
- Discussion of proper bird feeding principles (what to feed, what to avoid)
- Importance of natural and healthy products – linking to the idea of a healthy kitchen
- Instruction on making bird feeders and fat balls
- Participants' independent work with instructor support
- Creating ecological bird feeders using recycled materials



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Expected Outcomes:

- Increased ecological knowledge among participants
- Creation of ecological bird feeders and “bird buffets”
- Development of responsible attitudes toward the environment
- Integration of the local community

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